

ICS-Czech Joint Symposium

📅 Sat. Nov 15, 2025 3:00 PM - 4:40 PM JST | Sat. Nov 15, 2025 6:00 AM - 7:40 AM UTC 🏢 Room 10

[ICS] ICS-Czech Joint Symposium Various Approaches in Colorectal Surgery

Moderator: Kotaro Maeda (Oumeimai Hospital), Karel Novák (Czech section of ICS / 1st World Vice President of ICS)

[ICS-7] Present Approaches in the Treatment of Hemoroids

Jindřich Šebor (Centre of One-Day Surgery and Orthopaedics, City Hospital Privamed, Plzen, Czech Republic)

Foreword: The second half of 20th century was characterized of gradual progress in surgery. The surgeons were forced to specialized and that enabled them to carry out more erudite treatments, and also all the technics became more and more progressive. The new methods enable to shorten the time of the procedures and mainly the time of recovery. The development of so called one day treatment had even more advantage - minimalisation of the risk of an infection, shortening the time of recovery and earlier comeback to the normal life, less expensive treatment.

Material: The author describes his fifteen year experience in one day surgery. How the selection of patients is made, which treatment can be performed, how the recovery is managed in means of postoperative follow-up and analgesia. Except of miniinvasive surgery the author speaks about the treatment of the hemoroids.

Results: In fifteen year time was performed over 25,000 procedures according to more than 800 procedures on hemoroids. 99% of patients were discharged according to one day surgery standards (within 1-3 days). The author describes the history of hemoroids, all possibilities of conservativ treatment (way of life, diet, local treatment, medicine, etc.) and surgical treatment (older and new method). He suggests the Longo method in the treatment of hemoroids gr. II.-III., describes advantage of this method for surgeons and mainly patients. All this procedures are possible to perform in regime of one day surgery.

Conclusion: The one day surgery has become a part of a care of surgical patients. It also applies for the treatment of hemoroids. The advantage of this kind of care is indisputable.