

Symposium | Community care : [Symposium 44] Family and culture

 Fri. Sep 26, 2025 2:50 PM - 4:20 PM JST | Fri. Sep 26, 2025 5:50 AM - 7:20 AM UTC  Session Room 3  
(Large Hall A)

## [Symposium 44] Family and culture

Moderator: Sergio Javier Villaseñor-Bayardo (Universidad de Guadalajara), Yoko Kamio (Ochanomizu University)

### [SY-44-05] Dialogical Practice in Japan

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In recent years, "Open Dialogue," a dialogical approach to psychosis originating from Finland, has been gaining attention in Japan. While its implementation in medical settings remains limited, its application is expanding, as evidenced by mandatory training in prisons nationwide. We have been practicing Open Dialogue at our clinic "Tsukuba Dialogue House". This approach involves inviting clients and their networks (such as family and friends) to participate in dialogical sessions conducted by a treatment team of at least two members. Its effectiveness has already been confirmed for conditions such as schizophrenia and depression, and randomized controlled trials (RCTs) are currently underway. In this symposium, the significance of introducing Open Dialogue into Japan's mental health care system will be discussed.