

Symposium | Cultural Psychiatry : [Symposium 58] 25th Anniversary of the Korea-Japan Young Psychiatrists Association (KJYPA)-Friendship and Research Collaboration

🏠 Sat. Sep 27, 2025 9:00 AM - 10:30 AM JST | Sat. Sep 27, 2025 12:00 AM - 1:30 AM UTC 🏠 Session Room 5 (Conference Room A)

[Symposium 58] 25th Anniversary of the Korea-Japan Young Psychiatrists Association (KJYPA)-Friendship and Research Collaboration

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[SY-58-02] Korea Japan Young Psychiatrists' Conference (KJYPC) is a group cultural psychotherapy session for Korean and Japanese psychiatrists.

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Keywords : Personal cultural experience、 Political tensions between neighboring countries、 Personal close relationship、 Intimate community of fellow professionals、 Group cultural psychotherapy

KJYPC originated from the meeting and exchange between Professor Min Byung Kun and Professor Masahisa Nishizono. The two had strong feelings for each other's countries based on their personal experiences during World War II, and they were leaders who played pioneering roles in the development of psychiatry in their respective countries, instantly becoming close friends at the first encounter. They wanted to spread their close relationship to future generations. In 2000, a joint workshop for young Korean and Japanese psychiatrists started. Dr. Sasaki Yūnoshin, the director of Fukuma Hospital, who had lived in Korea before World War II, also fully supported the meeting. Exchanges between psychiatrists from the two countries blossomed, both on an individual level and on a group level. I, the presenter, participated firstly in 2009. It was deeply impressive experience that being embraced by this very intimate group despite being abroad. I was attracted to the community of fellow professionals from neighbouring countries and have continued to participate every year. With the retirement of the two leaders, young psychiatrists have taken the lead in running the conference since 2013. Despite political tensions and the COVID-19 pandemic, this group continues to this day. This meeting is like a group cultural psychotherapy session designed for psychiatrists from both countries. In this presentation, I would like to discuss the significance of this meeting for participants and tips for running it.