

Symposium | Immigrant, Refugee : [Symposium 63] Rethinking Mental Health Support for Refugees

📅 Sat. Sep 27, 2025 10:40 AM - 12:10 PM JST | Sat. Sep 27, 2025 1:40 AM - 3:10 AM UTC 🏛️ Session
Room 3 (Large Hall A)

[Symposium 63] Rethinking Mental Health Support for Refugees

Moderator: Simon Groen (De Evenaar Center for Transcultural Psychiatry), Hans Rohlof (Mental Care Center)

[SY-63-02] Psychodiagnostic assessment and treatment of refugees

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Keywords : cultural psychiatry、 psychodiagnostics、 psychiatric treatment、 refugees

The arrival of refugees from high conflict zones in Western countries has resulted in major challenges in health care, especially in psychiatry. Initial superficial assessment gave the impression that only traumatic experiences could result in psychiatric disorders. The diagnosis of posttraumatic stress disorder was generally the main starting point of therapy. Consecutive more accurate assessments showed quite diverse viewpoints. Nowadays, psychiatric disorders in refugees are viewed as consequences of four groups of experiences: migration and loss, acculturation, traumatization, and social marginalization. Psychiatric treatment should be focused on each of these experiences, and include all these in one treatment plan. Reference: Hans Rohlof, Psychodiagnostic assessment with refugees, 2018, Arq Psychotrauma Expert Group, Diemen, The Netherlands.