

Symposium | Global Mental Health : [Symposium 69] Global Mental Health in a Polarized World: Building Bridges, Sharing Solutions.

📅 Sat. Sep 27, 2025 2:10 PM - 3:40 PM JST | Sat. Sep 27, 2025 5:10 AM - 6:40 AM UTC 🏛️ Session Room 5 (Conference Room A)

[Symposium 69] Global Mental Health in a Polarized World: Building Bridges, Sharing Solutions.

Moderator: Itsuo Asai (Heart Clinic Medical Corporation)

[SY-69-01] Global Mental Health Equity: Addressing Barriers and Building Sustainable Solutions

*Muhammad Irfan¹ (1. Department of Mental Health, Psychiatry & Behavioral Sciences, Peshawar Medical College, Riphah International University, Islamabad (Pakistan))

Keywords : Global Mental Health、Mental Health Equity、Sustainable Solutions

This presentation focuses on the critical challenges in achieving mental health equity globally, particularly in low- and middle-income countries. It highlights systemic barriers such as limited access to care, cultural stigmas, and resource disparities, while emphasizing innovative, culturally sensitive, and sustainable solutions to bridge these gaps. Strategies for fostering collaboration and empowering communities to create equitable mental health systems will also be discussed.