

Symposium | Academia : [Symposium 94] International Activities by Psychiatric Societies and Associations

📅 Sun. Sep 28, 2025 1:10 PM - 2:40 PM JST | Sun. Sep 28, 2025 4:10 AM - 5:40 AM UTC 🏢 Session Room 3 (Large Hall A)

[Symposium 94] International Activities by Psychiatric Societies and Associations

Moderator: Tsuyoshi Akiyama (World Federation for Mental Health)

[SY-94]

International Activities by Psychiatric Societies and Associations

Joonho Choi¹, Jen-Pang Wang², Ai Aoki³, Jerome Goh⁴, Astha Tomar⁶, Tsuyoshi Akiyama⁵ (1. Korean Neuropsychiatric Association (Korea), 2. Taiwanese Society of Psychiatry (Taiwan), 3. Japanese Society of Psychiatry and Neurology (Japan), 4. Singapore Psychiatric Association (Singapore), 5. Rokubancho Mental Clinic (Japan), 6. Royal Australian and New Zealand College of Psychiatrists (Australia))

[SY-94-01]

A Balanced Approach to Mental Health Care: Community Mental Health Services Development in Taiwan

*Jen-Pang Wang¹ (1. Taiwanese Society of Psychiatry; Bethel Psychiatric Clinic (Taiwan))

[SY-94-02]

International Activities of the Japanese Society of Psychiatry and Neurology

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[SY-94-03]

Advancing Mental Health Care in Singapore: From Challenges to Integrated Solutions

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As evidenced at this international congress, the international exchanges have been increasingly important for the progress of psychiatry and psychiatric care. This symposium will present the international activities of four major psychiatric societies and associations in Asia.

The Korean Neuropsychiatric Association will report

1. The efforts in removing social stigma of severe mental illness: renaming schizophrenia to detunement disorder.
2. Lowering the suicide risk at the world's highest level with national government cooperation.
3. Conflicts on involuntary admission and consistent trials on mental health law renewal.
4. Activities of disaster psychiatry for recent tragic events.

The Taiwanese Society of Psychiatry will report

1. Different stages of mental health system development
2. Psychiatric services for severe mental illness
3. Development of community mental health care
4. Amendment of Mental Health Act
5. Preventive Psychiatry focus on early intervention
6. Unmet needs of the mental health services

The Japanese Society of Psychiatry Neurology will report the activities

1. To build a collaborative network with international psychiatric organizations and international psychiatrists
 2. To strengthen the international activities of JSPN members
 3. To support mental health services for foreigners in Japan
- Singapore Psychiatric Association will present

1. Mental health challenges with an aging population, chronic illnesses, and youth stressors in a complex and uncertain world
2. Suite of services for severe mental illnesses, from stabilization to rehabilitation
3. A community-based approach and hospital-community collaborations for mental

health care, integrating physical, mental, and social health services.

4. Promoting mental wellness, early detection, and early help-seeking

The audience can learn about current activities and future orientations.

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Moderator: Tsuyoshi Akiyama (World Federation for Mental Health)

[SY-94-01] A Balanced Approach to Mental Health Care: Community Mental Health Services Development in Taiwan

*Jen-Pang Wang¹ (1. Taiwanese Society of Psychiatry; Bethel Psychiatric Clinic (Taiwan))

Keywords : Community Psychiatry、 Preventive Psychiatry、 Mental Health Act

Taiwan's mental health care system has undergone a notable transformation, shifting from a predominantly institutional framework toward a more balanced, community-based model. This presentation outlines the stages of development in Taiwan's mental health system, from its early focus on hospital-based care for severe mental illness to the gradual integration of community mental health services. Central to this evolution has been the amendment of the Mental Health Act, which has strengthened patient rights and promoted deinstitutionalization. Recent efforts have emphasized preventive psychiatry, particularly early intervention strategies aimed at reducing the onset and severity of mental illness through timely detection and care. However, despite advancements in policy and practice, significant unmet needs remain within the system. These include service gaps, workforce limitations, and ongoing social stigma, which hinder access and continuity of care. Drawing on Taiwan's experience, this presentation advocates for a culturally informed, integrated mental health model that balances institutional and community care. Lessons learned may offer valuable insights for other countries in the Pacific Rim and beyond as they seek to reform their mental health systems in ways that are both effective and culturally responsive.

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[SY-94-02] International Activities of the Japanese Society of Psychiatry and Neurology

*Ai Aoki^{1,2}, Tsuyoshi Akiyama^{1,3}, Hidehiko Takahashi^{1,4} (1. Japanese Society of Psychiatry and Neurology (Japan), 2. Department of Healthcare Administration, Graduate School of Medicine, Nagoya University (Japan), 3. Rokubancho Mental Clinic (Japan), 4. Department of Psychiatry and Behavioral Sciences, Graduate School of Medical and Dental Sciences, Institute of Science Tokyo (Japan))

Keywords : The Japanese Society of Psychiatry and Neurology、 International activities、 International collaboration

Since the early 1990s, the Japanese Society of Psychiatry and Neurology (JSPN) has continuously promoted its international activities. This symposium will introduce the JSPN's international activities. These activities have three pillars: (1) building a collaborative network with international psychiatric organizations and psychiatrists, (2) strengthening the international activities of JSPN members, and (3) supporting mental health services for foreigners in Japan. The first pillar is to build a collaborative network with international psychiatric organizations and international psychiatrists. The JSPN started a reciprocal collaborative relationship with the Royal Australian and New Zealand College of Psychiatrists in 2012 and with the American Psychiatric Association in 2018. Since then, joint symposia have been held at both organizations' annual meetings to discuss current topics in psychiatry and promote cultural understanding. The JSPN also holds a Leaders' Round Table, which invites representatives from international psychiatric organizations and serves as an opportunity for open discussion. Additionally, the JSPN launched international membership in 2021. The second pillar is to strengthen the international activities of JSPN members. To foster the international activities of JSPN members, the JSPN began inviting international and Japanese early-career mental health professionals to present on a common theme at the annual meetings. Since 2006, this has been the Fellowship Award, which continues to this day. By 2024, 204 early-career mental health professionals from 57 countries had attended the JSPN annual meeting. The third pillar is to support mental health services for foreigners in Japan. To support foreign individuals receiving psychiatric care in Japan and associated individuals, the JSPN developed the leaflet "Psychiatric Care for Foreign Nationals: Promoting Cooperation Between Related Organizations" in 2024, which is now publicly available.

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[SY-94-03] Advancing Mental Health Care in Singapore: From Challenges to Integrated Solutions

*Goh Hern Yee, Jerome Goh¹ (1. Singapore Psychiatric Association (Singapore))

Keywords : community mental health、 prevention and treatment、 hospital and community partnerships、 physical、 mental、 and social health services、 mental wellness promotion

Singapore's mental health landscape is shaped by evolving demographic, social, and health trends. The nation faces rising challenges with an aging population, the growing burden of chronic physical illnesses that intersect with psychiatric conditions, and increasing stressors among youths in a rapidly changing and uncertain world. These complexities call for a comprehensive, multi-level response.

For individuals with severe mental illnesses, Singapore has developed a suite of services spanning the care continuum—from acute stabilization in hospitals to long-term rehabilitation and recovery support. These services are complemented by psychosocial interventions that promote reintegration, vocational opportunities, and functional recovery, ensuring care extends beyond symptom management to holistic wellbeing.

A distinctive feature of Singapore's approach lies in hospital-community partnerships. Health institutions collaborate closely with community agencies, social service providers, and primary care networks to deliver accessible, person-centered care. By integrating physical, mental, and social health services, these collaborations bridge care gaps, reduce stigma, and facilitate recovery.

At the same time, national efforts are underway to shift the paradigm from treatment to prevention. Public education campaigns, school-based initiatives, and workplace mental wellness initiatives encourage early detection and timely help-seeking, while normalizing conversations around mental health. These upstream approaches aim to reduce the severity of illness at presentation but also build resilience at individual, family, and community levels.

Singapore's evolving model demonstrates the importance of a comprehensive ecosystem—one that supports people across the spectrum of needs, integrates medical and social resources, and emphasizes both treatment and prevention. As mental health challenges continue to grow globally, Singapore's experience could offer insights into building sustainable, community-based systems that prioritize early intervention, inclusivity, and collaborative care.

