

Oral

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## Oral 14

[O-14-01] A scoping review of qualitative studies assessing quality of life among individuals with Obsessive Compulsive Disorder across different cultural contexts.

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**Introduction:** The quality of life of individuals with Obsessive Compulsive Disorder (OCD) (QOL) was typically measured using available generic QOL scales, with the focus on evaluating its impact on their lives or as an intervention outcome. It has been acknowledged that the impact on QOL may vary across different societies and cultures. Some qualitative studies have been conducted to identify the effect of OCD on individuals' daily lives. Thus, this scoping review focused on synthesizing the literature on how QOL was affected in these individuals across different cultures, with a specific interest in extracting the core domains.

**Method:** A systematic search was conducted on MEDLINE, Web of Science, Science Direct, and Google Scholar databases to find relevant English-written articles published until 11 March 2025. Qualitative studies on adult patients' experiences dealing with OCD symptoms were included. This scoping review was performed following the PRISMA-Scr Checklist. Seven articles were included out of 38 articles screened for the analysis.

**Result:** Thematic synthesis revealed **five** core domains of QOL that typically affect individuals with OCD: *Psychological domain, Physical domain, Functional Outcomes, Spirituality, and Social domain*. The domains were interconnected, highlighting the complex nature of QOL in individuals with OCD. The Spirituality theme emerged, although it was not consistently discussed in different cultures, implying that assessments of QOL can be subjective and sensitive to cultural variations.

**Conclusion:** These findings highlight the multidimensional nature of QOL in OCD, where domains are interrelated and specific to cultures. This review emphasizes the importance of a holistic and culturally sensitive approach in measuring QOL for individuals with OCD.