

Symposium | AI&IT : [Symposium 29] Trends in mental health in Japan from the perspective of social changes

📅 Fri. Sep 26, 2025 9:00 AM - 10:30 AM JST | Fri. Sep 26, 2025 12:00 AM - 1:30 AM UTC 🏢 Session Room 7
(Conference Room C)

[Symposium 29] Trends in mental health in Japan from the perspective of social changes

Moderator: Masato Masuda (Department of Psychiatry, Faculty of Medicine, Fukuoka University), Rika Tanaka (Studio Rika Clinic)

[SY-29-02] Characteristics of Mental Health Support by Japanese EAP

*Hiroe Onita¹ (1. Satoko Nakama Japan EAP systems (Japan))

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One of the most distinctive features of EAP in Japan is the need for return-to-work support. Because most Japanese companies have longer period of leave due to personal illness than other countries. Therefore we need to add the adjust their life rhythm and support to utilize interpersonal skills and work on specific issues.