

Symposium | Community care : [Symposium 31] A Comparison and integration of clinical perspectives from psychiatric multidisciplinary outreach in Canada and Japan

📅 Fri. Sep 26, 2025 10:40 AM - 12:10 PM JST | Fri. Sep 26, 2025 1:40 AM - 3:10 AM UTC 🏢 Session Room 2 (Main Hall B)

[Symposium 31] A Comparison and integration of clinical perspectives from psychiatric multidisciplinary outreach in Canada and Japan

Moderator: Lisa Andermann (Department of Psychiatry, University of Toronto), Fumie Hisanaga (National Institute of Mental Health, National Center of Neurology and Psychiatry)

Discussant: Miyuki Shiida (Social Welfare Corporation Machi ni Kurasukai (Community Living Association) "Team KUINA")

[SY-31-04] The integration of various family support services in ACT

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Keywords : Assertive Community Treatment、 Family Psychoeducation、 Cultural Comparison

Family support is important in the treatment of mental illness, and ACT (Assertive Community Treatment), which supports patients' community life, has a family support function in itself. There are various types of family support, but the "Konodai Model" of family psychoeducation conducted in a group setting is known as a model with established evidence in Japan. As an intervention model for single families, the "Meriden version of Home Visiting Family Support (Family Work)" is becoming increasingly popular in Japan. The speaker belongs to the Tohoku Fukushi University Sendan Hospital, a single psychiatric hospital with 144 beds, but since its establishment, it has been practicing community life support for registered patients by establishing its own ACT team. Some of the registered patients had participated in either or both the "Konodai Model" family psychoeducation organized by the hospital's Psychoeducation Committee and the "Meriden Version of Home Visiting Family Support (Family Work)". Based on the progress of these cases and interviews with the families, we discussed the characteristics of both group family psychoeducation and single family intervention, as well as the synergistic effects that can be generated when the two are combined. There are various forms of family support. In community care for mental illness, it is important to combine the various types of family support so that their strengths can be utilized.