

Symposium | Treatment of Dissociative Disorders and Family Systems : [Symposium 36] Exploring clinical cases on dissociative spectrum disorders: a transcultural psychiatry perspective on family system and implications on cultural background

📅 Fri. Sep 26, 2025 10:40 AM - 12:10 PM JST | Fri. Sep 26, 2025 1:40 AM - 3:10 AM UTC 🏢 Session Room 7 (Conference Room C)

[Symposium 36] Exploring clinical cases on dissociative spectrum disorders: a transcultural psychiatry perspective on family system and implications on cultural background

Moderator: Camilla Callegari (Department of Medicine and Surgery, Division of Psychiatry, University of Insubria, Varese, Italy)

[SY-36-04] Transcultural perspectives on behavioral disturbances and dissociative manifestations in a sub-Saharan woman: the impact of migration

*CAMILLA MARIA TERESA CALLEGARI¹, *Michele Mattia³, *Ivano Caselli¹, *Pietro Barbetta² (1. University of Insubria (Italy), 2. University of Bergamo (Italy), 3. Milanese Family Therapy Centre (CMTF), Swiss Office (Switzerland))

Keywords : dissociation、 transcultural psychiatry、 family system、 migration

The presentation delves into the case of a young sub-Saharan woman who migrated from a French-speaking country in West Africa to a small town in Northern Italy. She exhibited severe behavioral disturbances, dissociative manifestations, trance during religious rituals, and substance-induced psychosis. The authors analyze her symptomatology through a transcultural lens, highlighting the significant impact of the migration process. Cultural divergence, language barriers, and stigma have complicated her clinical evaluation and management. The discussion will explore how cultural displacement and the challenges of adapting to a new environment can contribute to the development and exacerbation of mental health issues. By examining this case, the session aims to underscore the importance of culturally sensitive approaches in understanding and addressing the psychological well-being of migrants.