

Symposium | Art : [Symposium 4] Art and Trauma

Thu. Sep 25, 2025 1:05 PM - 2:35 PM JST | Thu. Sep 25, 2025 4:05 AM - 5:35 AM UTC  Session Room 5  
(Conference Room A)

## [Symposium 4] Art and Trauma

Moderator: Shinichiro Tanaka (Tokyo University of the Arts), Itsuo Asai (Heart Clinic Medical Corporation)

### [SY-4-04] Innovative Creative Arts Projects relevant to trauma and serious mental health disorders related to Cultural Genocides

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Keywords : creative arts projects for trauma、cultural genocide and post slavery genocide interventions、global health innovations with creative arts methods

The earlier psychotherapeutic explorations of creative arts projects modalities began with Winnicott ( Playing and Reality), Milner, Jung, Prinzhorn, Charcot, Nise de Silviera and others, pointing to the possibility of engaging with serious mental illness, trauma or high risk populations. The presentation will review more recent projects which integrated art methodologies relevant to community engagement, therapy and research exploring the possibilities for marginalized and high risk patients impacted by the post slavery genocide and cultural genocide of indigenous peoples. The Jamaica Dream-A-World project addressed promotion of resilience in high risk school aged children presenting with severe emotional dysregulation and learning delays integrating creative methods as a significant ingredient for developmental gains. "Two eyed seeing" and integration of indigenous cultural elements have been applied in cohorts of Pacific Coast ( Canadian and Alaskan American projects) peoples. Bapu Trust in Pune India led by Dr Bhargavi Davar and their training center have engaged with art methods and supported indigenous rituals in mental health for socially oppressed and marginalized communities. The Madness Hotel and ongoing use of theatre as a healing space was inspired by Dr Nise de Silviera in Rio de Janeiro for serious mental illness including indigenous and post slavery genocide populations.