

Symposium | Forensic Psychiatry : [Symposium 50] Anti-stigma 2

📅 Fri. Sep 26, 2025 4:30 PM - 6:00 PM JST | Fri. Sep 26, 2025 7:30 AM - 9:00 AM UTC 🏛️ Session Room 4 (Large Hall B)

[Symposium 50] Anti-stigma 2

Moderator: Shigeki Seki (Silver Ribbon Japan)

[SY-50-04] Global Mental Health Promotion and Community Mental Health Framework in Hong Kong

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Keywords : Global Advocacy on Mental well-being、 World Mental Health Day、 Policy formulation on Mental Health in Hong Kong

The much neglected aspect of Mental Health - prevention and promotion of mental well-being and the reduction of risks among the population in Hong Kong. On global aspect, I share my involvement with WFMH which connected me with colleagues & professionals, those with lived experience and care-givers. The significant project is World Mental Health Day on 10/10 which is held yearly since 1992. On advocacy aspect, I actively involved with the Global Alliance for Mental Health

Advocacy ever since 2018 which advocacy efforts are made through seminars and conferences. In Hong Kong, I share the formulation of Rehabilitation Programme Plan till the latest in 2020. Recently, a Policy Paper "Towards a Fit-for-Purpose Mental Health System" was formulated. There is no lack of policy papers but there is a huge gap in implementation from prevention to treatment and rehabilitation. Despite of all these obstacles, there are possible solutions to overcome and to advocate for the mental well-being in Hong Kong.