

Symposium | Neurodevelopmental disorder : [Symposium 52] "Empowering Neurodiversity: Advancing Support for Adults with Developmental Disabilities"

📅 Fri. Sep 26, 2025 4:30 PM - 6:00 PM JST | Fri. Sep 26, 2025 7:30 AM - 9:00 AM UTC 🏢 Session Room 6 (Conference Room B)

[Symposium 52] "Empowering Neurodiversity: Advancing Support for Adults with Developmental Disabilities"

Moderator: Atsushi Kashiwa (Heart Clinic Medical Cooperation)

[SY-52-03] Practical Support Strategies for Adults with Developmental Disabilities: Insights from Kaien's 16 Years of Experience

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Keywords : Employment Support、 Vocational Training、 Developmental Disabilities

Drawing upon 16 years of direct support experience, Kaien presents practical insights into empowering adults with developmental disabilities. Rooted in Japan's Act on Support for Persons with Developmental Disabilities, our presentation evaluates progress and proposes future directions for comprehensive adult support.

Navigating employment is a key focus. We explore strategies for leveraging individual strengths, identifying suitable workplaces through resources like our "Minor League" job platform (featuring over 200 unique openings), and implementing effective accommodations for job seekers and employees.

Addressing daily living challenges involves practical approaches to organization, task completion, and tidying. Understanding the complexities of co-occurring mental health conditions (such as depression, anxiety, and addiction) alongside varying cognitive profiles and "peaks and valleys" is crucial for tailored support.

Fostering self-understanding and resilience is paramount. We emphasize developing self-awareness and coping strategies, recognizing that proactive efforts significantly improve quality of life.

Moving beyond diagnosis, our approach highlights the necessity of comprehensive assessments that consider real-world adaptive functioning, not just diagnostic labels or IQ scores. Tailored support systems based on individual needs are essential.

With a proven track record of supporting over 2,000 individuals into meaningful employment, Kaien offers a ground-up perspective aimed at enhancing support strategies and fostering a deeper understanding of adult developmental disorders in our evolving society.