

Symposium | Cultural Psychiatry : [Symposium 76] Transcultural Education in Psychiatry: The Enduring Global Legacy of Prof. Norman Sartorius for Emerging Clinicians

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[Symposium 76] Transcultural Education in Psychiatry: The Enduring Global Legacy of Prof. Norman Sartorius for Emerging Clinicians

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[SY-76-01] Cultivating Transcultural Leaders through Peer-Led Narratives: Twenty Years of the Course for the Academic Development of Psychiatrists (CADP) and the Japan Young Psychiatrists Organisation (JYPO)

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Background

Since Prof. Norman Sartorius initiated the Course for the Academic Development of Psychiatrists (CADP) in Japan in 2002, the programme has evolved into a peer-run ecosystem that nurtures early-career psychiatrists capable of working across cultural and disciplinary borders. The Japan Young Psychiatrists Organisation (JYPO) now steward this legacy, hosting annual CADP courses and fostering a network that spans five continents.

Objective

This presentation offers a qualitative reflection on how a three-day residential course grew into a sustained platform for transcultural leadership, and distils lessons relevant to similar initiatives worldwide.

Approach

Drawing on personal narratives, archival documents, alumni testimonials, and informal dialogues held during CADP, we identified recurring motifs and transformative moments that illustrate the programme's impact. Themes were organised using Mezirow's Transformative Learning framework.

Findings

Three narrative arcs emerged: (1) From Observer to Actor - participants described a pivotal shift from passive learning to proactive global engagement; (2) Communities of Trust - cross-cohort mentoring cultivated psychological safety for experimentation; (3) Hand-over as Culture - a deliberate "train-the-next" ethic ensured continuity despite complete leadership turnover every two-to-three years. These stories reveal how experiential cross-cultural encounters can re-shape professional identity and inspire concrete actions, such as launching internationally-collabrated researches, coordinating other conferences worldwide, and influencing academic-conference management.

Conclusion

The CADP - JYPO experience demonstrates that brief, intensively shared experiences - when paired with peer governance and a narrative-driven culture - can seed enduring, border-spanning leadership. We propose practical heuristics for replicating such qualitative momentum in other regions.