

Symposium | CFI : [Symposium 83] Cultural Formulation Interview (CFI) Symposium 2

📅 Sun. Sep 28, 2025 9:00 AM - 10:30 AM JST | Sun. Sep 28, 2025 12:00 AM - 1:30 AM UTC 🏢 Session Room 6
(Conference Room B)

[Symposium 83] Cultural Formulation Interview (CFI) Symposium 2

Moderator: Valerie DeMarinis (Innlandet Hospital Trust, Norway; Umeå University, Sweden), Simon Groen (De Evenaar Center for Transcultural Psychiatry)

[SY-83] Cultural Formulation Interview (CFI) Symposium 2

Simon P.N. Groen², Valerie DeMarinis¹, Sigrid Helene Kjørven Haug⁵, Samrad Ghane³, Billy Cleary⁴ (1. Innlandet Hospital Trust, Norway; Umeå University, Sweden (Norway), 2. De Evenaar Center for Transcultural Psychiatry (Netherlands), 3. Parnassus Group (Netherlands), 4. TELL Counseling (Japan), 5. Innlandet Hospital Trust; University of Inland, Norway (Norway))

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The importance of including a cultural dimension in assessment and treatment planning processes in mental health contexts and in other healthcare contexts where mental health concerns and strategies play an essential role, has been well documented. Much of this documentation has focused on research related to the Cultural Formulation Interview (CFI) in DSM-5, introduced in 2013. Along the journey of this research, it is only recently that studies have focused on the attempt to implement the CFI into regular clinical routines, and the consequences of these attempts provide new insights and raise new challenges. Also, along this research journey, important critical and conceptual concepts have been raised related to coverage of areas included in the CFI to address the cultural dimension, as well as numerous questions for best addressing the cultural dimension in relation to other healthcare dimensions, and other clinical methods developed to meet this need highlighting differences and similarities to the CFI. This symposium will present examples of studies involving the implementation of the CFI in different cultural and clinical settings and lessons learned from these processes. Other clinical examples for incorporating cultural information in diagnosis and treatment are also presented. Theoretical and conceptual analyses on the cultural dimension in CFI and related concepts and concerns will be an integral part of this symposium in both presentations and discussions.