

Symposium | Local minority : [Symposium 12] Development of mental health care for Cambodian people

2025年9月25日(木) 14:45 ~ 16:15 Session Room 6 (Conference Room B)

[Symposium 12] Development of mental health care for Cambodian people

Moderator: Tsutomu Aoki (Department of Psychiatry, Asahi General Hospital)

[SY-12-04] Health Issues among Cambodian and Myanmar Migrant Workers in Japan: A Focus on “Technical Intern Training” and “Specified Skilled Worker”*Naofumi Yoshida^{1,2} (1. Waseda University (Japan), 2. Tokyo Metropolitan Government (Japan))

キーワード : Migrant Workers、Southeast Asia、Japan、Health、Support Systems

Japan is becoming a mature society characterized by a declining birthrate and an aging population. In response to ongoing labor shortages, the country has begun accepting more overseas workers. As Japan moves toward becoming a multicultural society, it will be increasingly important to provide healthcare services rooted in the cultures of diverse ethnic groups, especially mental healthcare. This presentation focuses on two types of residence status for migrant workers from Cambodia and Myanmar: “Technical Intern Training” and “Specified Skilled Worker.” It examines the health issues these migrant workers face, especially in relation to mental health. The analysis draws upon various sources, including materials published by government and public institutions containing statistical data, a literature review of previous studies, and fieldwork conducted by the presenter. We examine the real conditions of Cambodian and Myanmar workers under these two residence statuses by analyzing both the sending and receiving contexts. This includes the roles and responses of relevant government institutions and sending organizations in Cambodia and Myanmar, as well as Japan’s policies, support frameworks, and the provision of medical and welfare services for migrant workers. By considering both ends of the migration trajectory, this presentation seeks to understand the structural factors that shape the health experiences of migrant workers. The content will be updated to reflect the most recent available data and developments at the time of the symposium.