

Symposium | Local minority : [Symposium 19] AFRICA SYMPOSIUM: WORKING WITH GOVERNMENT HEALTH SYSTEMS TO REDUCE THE TREATMENT GAP FOR MENTAL DISORDERS IN AFRICA

2025年9月25日(木) 16:25 ~ 17:55 Session Room 6 (Conference Room B)

## [Symposium 19] AFRICA SYMPOSIUM: WORKING WITH GOVERNMENT HEALTH SYSTEMS TO REDUCE THE TREATMENT GAP FOR MENTAL DISORDERS IN AFRICA

Moderator: Kiyoshi Yoshikawa

### [SY-19-02] Strengthening CAre in collaboration with People with lived Experience of psychosis in Uganda (SCAPE-U)

\*Byamah Brian Mutamba<sup>1</sup>, \*Muthoni Mathai<sup>2</sup>, Palmira Fortunata<sup>3</sup> (1. 1. Butabika Hospital 2. YouBelong Uganda (Uganda), 2. 2. University of Nairobi (Kenya), 3. 3. National Institute of Health, Ministry of Health (Mozambique))

キーワード : Integration、Health systems、Public sector、lived experience

Mental health services are most effective and equitable when designed, delivered, and evaluated in collaboration with people with lived experience of mental illness. Unfortunately, people with lived experience are rarely involved in health systems strengthening, and when they are, it is limited to specific components (e.g., peer helpers) rather than across-the-board collaboration in the continuum of health services.

We are proposing a novel approach for collaboration with people with lived experience of psychosis that includes involvement at the primary care, community, and home settings. By collaborating on health systems strengthening across these multiple levels, we foresee a more in-depth

contribution that can lead to rethinking how best to design and deliver care for people living with psychosis.

We piloted this multi-tiered collaboration with people with lived experience in Uganda because low-income countries represent the greatest gaps in access to evidence-based mental health care.

Using a pilot cluster randomized controlled trial ,we evaluated the feasibility and acceptability of SCAPE-U; which involves training people with lived experience of psychosis using PhotoVoice and other methods to participate at three levels: primary health care, community and home level.