

Symposium | Suicide prevention : [Symposium 30] Culturally grounded suicide prevention measures

📅 2025年9月26日(金) 10:40 ~ 12:10 🏢 Session Room 1 (Main Hall A)

[Symposium 30] Culturally grounded suicide prevention measures

Moderator: Yoshinori Cho (National Center of Neurology and Psychiatry)

[SY-30-04] Developing a suicide prevention strategy for the Vietnamese community in Victoria, Australia

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At the end of 2024 there were more than 300 million international migrants - voluntary migrants (skills, family reunion, labour migrants and international students, etc.), and forcibly displaced persons (refugees, asylum seekers). In Australia migrants and their Australian-born children constitute close to 50% of the total population.

Although global attention to suicide and development of suicide prevention strategies and programs has increased greatly in the past few decades there has not been a commensurate focus on suicide among migrants and refugees, many of whom have been, and frequently continue to be, exposed to multiple forms of adversity that are known to increase suicide risk.

Suicide risk and protective factors, rates and methods vary widely across countries and across migrant and refugee groups in migration host countries. Suicide prevention programs that have been developed almost universally focus on national majority/dominant populations. Policy commitments to respond to linguistic and cultural diversity are generally not accompanied by sufficient research or resources that would enable development and implementation of suicide prevention programs that are appropriate – and potentially effective - for disparate migrant and refugee communities. Where such programs have been developed very few have been rigorously evaluated, and evidence for effectiveness is sparse.

This presentation will focus on the development of a suicide prevention strategy for Vietnamese communities in Victoria, Australia, and will outline the following components of the project:

1. Systematic review of suicide in Vietnamese immigrant communities
2. Preparation of a Vietnamese community mental health and suicide community profile
3. Cultural adaptation for the Vietnamese community of the Victorian Suicide Prevention Strategy
4. Development of an online gatekeeper suicide prevention training program
5. A proposed suicide prevention strategy that would promote community control of suicide prevention activities (in collaboration with mainstream organisations and services)