

Symposium | MDD : [Symposium 43] Time for united action on depression

📅 2025年9月26日(金) 14:50 ~ 16:20 🏢 Session Room 2 (Main Hall B)

[Symposium 43] Time for united action on depression

Moderator: Mian Yoon Chong (HMI Medical, Singapore & Regency Specialist Hospital)

[SY-43-01] Reflecting on The Lancet-WPA Commission on depression

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The Commission aligns knowledge from many fields to advance understanding of the nature and causes of depression. It synthesises the robust evidence on what can be done to prevent and care for people living with depression even in the least resourced contexts. It recommends actions to promote public understanding, prevention and care globally: by communities; health practitioners; researchers; and decision-makers. There are ambitious recommendations to tackle inequities and widespread neglect in diagnosis, treatment, and prevention. It calls for a whole-of-society approach to preventing depression to achieve benefits similar to those in other fields such as heart disease and support sustainable development. It prioritises a staged approach to care, early intervention and delivering collaborative care. The session will reflect on the key messages and recommendations and whether the evidence and experience truly create an opportunity for united action to transform mental health globally.