

Symposium | MDD : [Symposium 43] Time for united action on depression

📅 2025年9月26日(金) 14:50 ~ 16:20 🏢 Session Room 2 (Main Hall B)

[Symposium 43] Time for united action on depression

Moderator: Mian Yoon Chong (HMI Medical, Singapore & Regency Specialist Hospital)

[SY-43] Time for united action on depression

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Depression is a neglected global health crisis. Although its most frequent onset occurs in young and middle-aged people, it affects people and their families across the life course. Poor understanding of the condition and lack of psychosocial and financial resources hold back its prevention, diagnosis and treatment and the economic prosperity of nations

The Lancet-World Psychiatric Association Commission: “Time for united action on depression” builds on growing attention to global mental health and recommends actions to tackle inequities and the widespread neglect in diagnosis, treatment, and prevention, including prioritising a staged approach to care and early intervention, and delivering collaborative care in resource-limited and other settings.

The commission calls for a whole-of-society approach to preventing depression to achieve benefits similar to those in other fields such as heart disease and cancer, ensuring a holistic pursuit of the UN Sustainable Development Goals.

The first speaker will outline the Commission’s findings. The second speaker will focus on the prevention of depression, now recognized as crucial to tackling the global burden of disease. The third speaker will present his work on the epidemiology of depression, including insights from the Japanese survey for the World Mental Health Survey. The final speaker will bring a further cultural perspective and comment on the need to integrate care while addressing the impact of depression on healthcare systems and professionals.