

Symposium | Trauma : [Symposium 46] The Path to Recovery: Trauma's Impact on mental health and Therapeutic Interventions

📅 2025年9月26日(金) 14:50 ~ 16:20 🏢 Session Room 5 (Conference Room A)

## [Symposium 46] The Path to Recovery: Trauma's Impact on mental health and Therapeutic Interventions

Moderator: Masahide Koda (Co-learning Community Healthcare Re-innovation Office, Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, Okayama University), Nahoko Harada (Department of Nursing Science, Graduate School of Interdisciplinary Science and Engineering in Health Systems, Okayama University)

### [SY-46] The Path to Recovery: Trauma's Impact on mental health and Therapeutic Interventions

Ushio Miyata<sup>1,8</sup>, Masahide Koda<sup>2,8</sup>, Nahoko Harada<sup>3</sup>, Haruka Tagusari<sup>4,8</sup>, Era Catur Prasetya<sup>5</sup>, Alicia Landa Herrero<sup>6</sup>, Nisarath Wadchareudomkarn<sup>7</sup> (1. minatogawa hospital (Japan), 2. Co-learning Community Healthcare Re-innovation Office, Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, Okayama University (Japan), 3. Department of Nursing Science, Graduate School of Interdisciplinary Science and Engineering in Health Systems, Okayama University (Japan), 4. Kanagawa Psychiatric Center (Japan), 5. University Of Muhammadiyah Surabaya (Indonesia), 6. Hospital Universitario Infanta Sofia (Spain), 7. Sunshine Mind Clinic (Thailand), 8. Japan Young Psychiatrists Organization (Japan))

キーワード : Trauma、Mental Illness、Trauma-Informed Care、Cross-Cultural Mental Health、Cultural Sensitivity

Background: It has been widely known that adverse events such as physical abuse, psychological abuse, sexual abuse, household dysfunction including mental illness, poverty, bullying significantly affect an individual's health and social well-being. Experiencing trauma is associated with various mental illness, worsen its symptoms, and make treatment more difficult. This symposium examines the impact of trauma on mental illness through diverse global case studies, exploring effective ways to address patients while incorporating a trauma-informed approach to care.

Purpose: With a focus on cross-cultural mental health, this symposium seeks to provide a deeper understanding of the link between trauma and mental illness. It will examine shared challenges across cultures and investigate culturally sensitive treatment and support strategies.