

Symposium | CFI : [Symposium 83] Cultural Formulation Interview (CFI) Symposium 2

📅 2025年9月28日(日) 9:00 ~ 10:30 🏢 Session Room 6 (Conference Room B)

[Symposium 83] Cultural Formulation Interview (CFI) Symposium 2

Moderator: Valerie DeMarinis (Innlandet Hospital Trust, Norway; Umeå University, Sweden), Simon Groen (De Evenaar Center for Transcultural Psychiatry)

[SY-83-01] Analysis of cultural factors for psychodiagnostics: a multiple case study using the Cultural Formulation*Simon Groen¹ (1. De Evenaar, Center for Transcultural Psychiatry, GGZ Drenthe (Netherlands))

キーワード : Cultural Formulation、Multiple casestudy、thematic analysis

The Outline for Cultural Formulation (OCF) introduced in the DSM-IV and further refined in the DSM-5, offers a person-centered approach that integrates culture, context, and the patient's perspective into the diagnosis. The implementation of the CF into clinical practice has remained subject to debate up to the development of the Cultural Formulation Interview (CFI). Clinical case studies have been published in a selected number of journals. We analyzed these clinical case studies in order to provide insight into how cultural aspects are integrated into psychological diagnostics and which elements contribute to the effectiveness of the Cultural Formulation (CF). Through a multiple case study, 30 cases using the CF for the purpose of psychological diagnostics, were analyzed. We applied thematic analysis with a combination of deductive and inductive coding. The analysis of the case studies reveals four key components: the structure and content of the CF, its influence on diagnostic considerations, and the effective elements of the CF. In almost all cases, the CF follows the OCF components. The CFs pay attention to cultural identity, cultural explanatory models, and social factors, leading to more personalized and accurate diagnoses. The study highlights the value of the CF for psychological diagnostics. Recommendations for practice include greater attention to cultural identity, social determinants, and the therapeutic relationship. Future research should focus on the application of the CFI in combination with the OCF when developing a CF.