

Symposium | Global Mental Health : [Symposium 3] Global Perspectives on Psychodermatology

📅 2025年9月25日(木) 13:05 ~ 14:35 🏢 Session Room 4 (Large Hall B)

## **[Symposium 3] Global Perspectives on Psychodermatology**

Moderator: Antonio Sison (University of the Philippines Philippine General Hospital)

[SY-3]

### Global Perspectives on Psychodermatology

Antonio C. Sison<sup>1</sup>, Dmitry Romanov<sup>2</sup>, Inena Wa Inena Gaylord<sup>3</sup>, Makoto Hashiro<sup>4</sup> (1. University of the Philippines Philippine General Hospital (Philippines), 2. Sechenov First Moscow Medical University (Russia), 3. Kinsangani Cinquantenaire Hospital (Democratic Republic of the Congo), 4. Hashiro Clinic Dermatology and Psychosomatics (Japan))

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[SY-3-01]

### Philippine Perspectives on Patients with Psoriasis and Suicidality

\*Antonio Cruz Sison<sup>1</sup> (1. University of the Philippines Department of Psychiatry and Behavioral Medicine (Philippines))

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[SY-3-02]

### Body Dysmorphic Cases in Russia

\*Dmitry Romanov<sup>1,2</sup>, Evgeniya Voronova<sup>2,1</sup>, Anastasia Tveritina<sup>2</sup> (1. Mental Health Research Center (Russia), 2. Sechenov University (Russia))

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[SY-3-03]

### Psychodermatology in Atopic Dermatitis

\*Makoto Hashiro<sup>1</sup> (1. Hashiro Clinic Dermatology and Psychosomatics (Japan))

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キーワード : Psychodermatology、Body Dysmorphia、Atopic Dermatitis、Albinism、Psoriasis

**Introduction:**

Psychodermatology is defined as a branch of medicine, at the interface of psychiatry and dermatology, devoted to the diagnosis, classification, treatment, and prevention of disorders in which psychological factors are present together with signs or symptoms in the skin

The term was introduced in 1974 by the Dutch psychiatrist, sexologist, and dermatologist Herman Musaph (1915–1992) in an article entitled ‘Psychodermatology’ in the journal Psychotherapy and Psychosomatics.

Presently experts from the field of Psychiatry and Dermatology have contributed to the growing literature on the field of Psychodermatology

The Objective of the Symposium is to showcase the experiences of psychiatrists and dermatologists in Psychodermatology coming from the different parts of the world.

From Russia there will be a discussion of patients with Body Dysmorphia highlighting the spectrum of presenting symptoms. From the Democratic Republic of Congo there will be the presentation of Mental Health Issues among patients diagnosed with Albinism especially on the social impact on the patients and their families.

From Japan there will be a presentation of the psychodermatology issues among patients diagnosed with Atopic Dermatitis. From the Philippines the presentation of a survey on suicidality among patients diagnosed with psoriasis.

The Interplay of mental and dermatological conditions and symptoms demonstrates the need for better understanding of the Brain and Skin interactions for the clinician.

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### **[SY-3-01] Philippine Perspectives on Patients with Psoriasis and Suicidality**

\*Antonio Cruz Sison<sup>1</sup> (1. University of the Philippines Department of Psychiatry and Behavioral Medicine (Philippines))

キーワード : Psychodermatology、Psoriasis、Suicidality

Psoriasis is a chronic inflammatory whose natural history of flares and remissions may impact negatively on the patients' psychological, social, and occupational well-being. Studies has shown patients with psoriasis have an increased risk of depression, anxiety, and suicidality. The Philippine perspective will be presented sing study on Psoriasis and Suicidality in the Philippines as well as from clinical experience. And provides the Clinician an understanding of burden of the psoriasis and be able to address these issues.

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## [Symposium 3] Global Perspectives on Psychodermatology

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### [SY-3-02] Body Dysmorphic Cases in Russia

\*Dmitry Romanov<sup>1,2</sup>, Evgeniya Voronova<sup>2,1</sup>, Anastasia Tveritina<sup>2</sup> (1. Mental Health Research Center (Russia), 2. Sechenov University (Russia))

キーワード : Body Dysmorphic Disorder、Clinical Subtypes、Body Dysmorphic Spectrum、BDD Delusional Subtype、Dorian Grey Syndrome

In dermatology and cosmetology, dysmorphic ideas are common but not uniform and show great phenomenological heterogeneity. Objective is to provide knowledge about phenomenological heterogeneity of dysmorphia in dermato-cosmetology in Russia. The concept of body dysmorphic spectrum is going to be presented. The importance of distinguishing between dysmorphic concerns, obsessions, over-valued ideas, and delusions will be highlighted. The distinguishing of body dysmorphic disorder (BDD) subtypes, i.e. delusional subtype, muscle subtype, skin picking or hair pulling subtype, and agism subtype (Dorian Grey Syndrome) will be discussed. The need to access the correlation of patients' dysmorphic ideas with objective results of a cosmetological examination is going to be emphasized. Several illustrative clinical cases will be presented.

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### [SY-3-03] Psychodermatology in Atopic Dermatitis

\*Makoto Hashiro<sup>1</sup> (1. Hashiro Clinic Dermatology and Psychosomatics (Japan))

キーワード : psychodermatology、 atopic dermatitis、 depression、 psychosomatic

Atopic dermatitis (AD) is one of major chronic skin disorders. It has strongly psychosomatic aspect especially in Japan. Psychosocial stress worsens skin condition in AD patients. And a lot of AD patients is suffered from psychiatric disorders, for example depression and anxiety disorders. There are some reports about psychological state of AD patients. The AD patients worry the facial appearance from AD. Some cannot go outside home. Some cannot work and go to schools. These patients require psychodermatological approach. Patients may need psychotherapy and psychotropics in addition to dermatological therapy. We made the Japanese guideline of psychosomatic diagnosis and treatment for atopic dermatitis in 2006. In the guideline, we wrote how to use psychotherapy and psychotropics, how to have a conversation with psychosomatic patients. But unfortunately, there are still a few psychodermatologists in Japan. We usually give lectures of psychodermatology in AD at the annual meeting of the Japanese Dermatological Association. We have to distribute the psychosomatic approach that is possible for general dermatologists.