

## Symposium

📅 2025年9月25日(木) 14:45 ~ 16:15 🏢 Session Room 6 (Conference Room B)

## [Symposium 12] Development of mental health care for Cambodian people

Moderator: Tsutome Aoki (Department of Psychiatry, Asahi General Hospital)

### [SY-12-02] The experience of developing the educational module of mental health for children in ASEAN countries

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キーワード：Mental Health Education、ASEAN、Cambodia

School-based mental health interventions are considered to have potential for the promotion of mental health in developing countries. Therefore, in 2019, we held a workshop to discuss the promotion of mental health in schools in southeast Asian countries in collaboration with the Southeast Asian Ministers of Education Organization (SEAMEO) on March 6th and 7<sup>th</sup> in Bangkok, Thailand, where officials from ASEAN countries gathered. There, the current state of school mental health in each country was reported, and based on that, a discussion was held on the minimum standards for school mental health that should be adopted by ASEAN countries. We will show the results of this workshop and share our leading experience that we developed mental health education modules for children in the Philippines in 2020. This project was intended to expand to Cambodia and other South East Asian countries. However, because of the pandemic, our project came to a halt and is not progressing until now.