

## Symposium

📅 Sat. Sep 27, 2025 3:50 PM - 5:20 PM JST | Sat. Sep 27, 2025 6:50 AM - 8:20 AM UTC 🏛️ Session Room 5 (Conference Room A)

## **[Symposium 76] Transcultural Education in Psychiatry: The Enduring Global Legacy of Prof. Norman Sartorius for Emerging Clinicians**

Moderator: Nozomu Oya (Kyoto Prefectural University of Medicine), Akihisa Iriki (Osaka Psychiatric Medical Center)

[SY-76]

Transcultural Education in Psychiatry: The Enduring Global Legacy of Prof. Norman Sartorius for Emerging Clinicians

Morio Aki<sup>1</sup>, Michael Wallies<sup>2</sup>, Ekachaeryanti Zain<sup>3,4</sup>, Kumi Aoyama<sup>5</sup>, Masuo Tanaka<sup>6</sup>, Norman Sartorius<sup>7</sup> (1.Kyoto University(Japan), 2.Therapie auf Augenhoehe(Switzerland), 3.Mulawarman University(Indonesia), 4.Niigata University(Japan), 5.Kanagawa Psychiatric Center(Japan), 6.Jikei Hospital(Japan), 7.Association for the Improvement of Mental Health Programmes(Switzerland))

[SY-76-01]

Cultivating Transcultural Leaders through Peer-Led Narratives: Twenty Years of the Course for the Academic Development of Psychiatrists (CADP) and the Japan Young Psychiatrists Organisation (JYPO)

\*Morio Aki<sup>1,2</sup>, Akihisa Iriki<sup>1,3</sup>, Nozomu Oya<sup>1,4</sup>, Toshihiro Shimizu<sup>1,5</sup>, Fumiya Miyano<sup>1,6</sup>, Toru Horinouchi<sup>1,6</sup> (1.Japan Young Psychiatrists Organization(Japan), 2.Kyoto University (Japan), 3.Osaka Psychiatric Medical Center (Japan), 4.Kyoto Prefectural University of Medicine(Japan), 5.Saitama Psychiatric Medical Center(Japan), 6.Hokkaido University(Japan))

[SY-76-02]

'We owe it to humanity to have good people.' - The Impact of Norman Sartorius on European psychiatry

\*Michael Wallies (Therapie auf Augenhoehe(Switzerland))

[SY-76-03]

The Enduring Legacy of Professor Norman Sartorius on Psychiatry in Indonesia: Insights from Early-Career Psychiatrists

\*Ekachaeryanti Zain<sup>1,2</sup> (1.Department of Psychiatry, Niigata University Graduate School of Medical and Dental Sciences(Japan), 2.Department of Psychiatry, Faculty of Medicine, Mulawarman University(Indonesia))

[SY-76-04]

Beyond Education: Prof. Norman Sartorius' Mentorship and the Organizational Maturity of JYPO

\*Kumi Uehara Aoyama (Kanagawa Psychiatric Center(Japan))

[SY-76-05]

Before Course for academic development of psychiatry (CADP) to After Development supported by Professor Sartorius and JYPO members.

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Keywords : Academic Education、 Transcultural Education、 Cross-cultural Psychiatry

For the advancement of psychiatry, it is important to offer young doctors an opportunity to gain an international perspective and to acquire professional and leadership skills. Prof Norman Sartorius is a leading psychiatrist who has enlightened the direction of psychiatry internationally. One of his contributions has been the establishment of the Courses for the Academic Development of Psychiatrists(CADP) which have been instrumental in fostering the acquisition of international perspectives and the development of leadership and professional skills of young psychiatrists around the world. In Japan, in particular, he organised the CADP for young psychiatrists in 2002 in collaboration with the Japanese Society of Psychiatry and Neurology. Since then, the CADP courses have been organised 22 times by young psychiatrists and have been handed down from generation to generation. This symposium will look back on Prof Sartorius' international awareness-raising activities and outline the systems that have emerged from his efforts and their impact on psychiatry in different countries. The symposium will introduce the Japan Young Psychiatrists Organisation (JYPO), an accredited NPO formed in Japan around the CADP, describe what activities its alumni are involved in, and what awareness-raising activities and results have been demonstrated in Europe and Asia. The session will then discuss the impact of these awareness-raising activities in the context of diverse cultures and changing times

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### **[SY-76-01] Cultivating Transcultural Leaders through Peer-Led Narratives: Twenty Years of the Course for the Academic Development of Psychiatrists (CADP) and the Japan Young Psychiatrists Organisation (JYPO)**

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Keywords : transcultural psychiatry、 transcultural education、 Leadership Development

#### Background

Since Prof. Norman Sartorius initiated the Course for the Academic Development of Psychiatrists (CADP) in Japan in 2002, the programme has evolved into a peer-run ecosystem that nurtures early-career psychiatrists capable of working across cultural and disciplinary borders. The Japan Young Psychiatrists Organisation (JYPO) now steward this legacy, hosting annual CADP courses and fostering a network that spans five continents.

#### Objective

This presentation offers a qualitative reflection on how a three-day residential course grew into a sustained platform for transcultural leadership, and distills lessons relevant to similar initiatives worldwide.

#### Approach

Drawing on personal narratives, archival documents, alumni testimonials, and informal dialogues held during CADP, we identified recurring motifs and transformative moments that illustrate the programme's impact. Themes were organised using Mezirow's Transformative Learning framework.

#### Findings

Three narrative arcs emerged: (1)From Observer to Actor - participants described a pivotal shift from passive learning to proactive global engagement; (2) Communities of Trust - cross-cohort mentoring cultivated psychological safety for experimentation; (3) Hand-over as Culture - a deliberate "train-the-next" ethic ensured continuity despite complete leadership turnover every two-to-three years. These stories reveal how experiential cross-cultural encounters can re-shape professional identity and inspire concrete actions, such as launching internationally-collabrated researches, coordinating other conferences worldwide, and influencing academic-conference management.

#### Conclusion

The CADP - JYPO experience demonstrates that brief, intensively shared experiences - when paired with peer governance and a narrative-driven culture - can seed enduring,

border-spanning leadership. We propose practical heuristics for replicating such qualitative momentum in other regions.

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### **[SY-76-02] 'We owe it to humanity to have good people.' - The Impact of Norman Sartorius on European psychiatry**

\*Michael Wallies (Therapie auf Augenhöhe(Switzerland))

Keywords : Transcultural Education、 Academic Education、 Cross-cultural Psychiatry

Since Prof. Norman Sartorius lived and worked for many years in Europe in various positions his impact on transcultural psychiatry and the training of (young) psychiatrists was substantial and important. He gave numerous inspirational speeches at the Forum of the European Federation of Psychiatric Trainees (EFPT). This presentation aims to highlight the achievements of Professor Norman Sartorius in Europe over more than 50 years and how he inspired generations of young psychiatrists. To understand this better this presentation tries to put the broad range of activities he was and still is engaged in into perspective and context. The presentation is rounded off with a look into the future and how the positive impact can continue to inspire future generations of young people in Europe and around the world.

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### **[SY-76-03] The Enduring Legacy of Professor Norman Sartorius on Psychiatry in Indonesia: Insights from Early-Career Psychiatrists**

\*Ekachaeryanti Zain<sup>1,2</sup> (1.Department of Psychiatry, Niigata University Graduate School of Medical and Dental Sciences(Japan), 2.Department of Psychiatry, Faculty of Medicine, Mulawarman University(Indonesia))

Keywords : Global Psychiatry、 Early-Career Psychiatrists、 Stigma Reduction、 Leadership Development、 Cultural Sensitivity

Professor Norman Sartorius's contributions to global psychiatry have profoundly influenced the development of psychiatric education, leadership, and stigma reduction worldwide. To explore his impact in Asia, we conducted a survey among Indonesian psychiatrists, gathering reflections on how his teachings shaped psychiatric practice and professional growth. The majority of respondents were early-career psychiatrists practicing in Indonesia, with 80% reporting familiarity with Professor Sartorius's work. A significant proportion identified his contributions as either "significant" or "very significant" to the advancement of psychiatry in Indonesia. His emphasis on international collaboration, leadership development, mental health advocacy, and stigma reduction emerged as key areas of influence. Indonesia, the world's largest archipelagic country, encompasses 1,331 ethnic categories, 633 ethnic groups, and 706 native languages. This diversity presents unique challenges for mental health professionals, who must navigate varying beliefs, stigma, and access to care. In this context, the global perspective championed by Professor Sartorius, emphasizing open-mindedness, cultural sensitivity, and mutual respect, has been particularly impactful. His teachings inspire Indonesian early-career psychiatrists to view cultural diversity not as a barrier, but as an opportunity for innovation, collaboration, and culturally sensitive mental health advocacy. The survey revealed remarkable resilience and commitment among young psychiatrists to advocacy and leadership. Stigma reduction was emphasized as a critical priority, highlighting how global mentorship and initiatives established by Professor Sartorius, such as the Courses for the Academic Development of Psychiatrists (CADP) and the formation of international professional networks among psychiatric trainees and early-career psychiatrists, can empower mental health professionals to perform leadership roles in countries where stigma remains prevalent. This presentation will share the survey findings, reflect on the continued relevance of Professor Sartorius's legacy in Indonesia, and discuss how his teachings continue to guide early-career psychiatrists in addressing evolving mental health challenges across Asia, with a particular focus on Indonesia.

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### **[SY-76-04] Beyond Education: Prof. Norman Sartorius' Mentorship and the Organizational Maturity of JYPO**

\*Kumi Uehara Aoyama (Kanagawa Psychiatric Center(Japan))

Keywords : Norman Sartorius、Japan Young Psychiatrists Organization、Postgraduate Training、International Collaboration、Mentorship

My journey with the Japan Young Psychiatrists Organization (JYPO) began in 2004, when it was still a voluntary group. I participated in the 3rd Course for Academic Development of Psychiatrists (CADP), supported by Prof. Norman Sartorius. Through his mentorship and that of other faculty, I gained essential skills in presentation, international communication, and psychiatric knowledge across cultures. Inspired by this experience, I joined JYPO's leadership and became its third president in 2007. Although JYPO's strengths lay in its youthful energy, agility, and broad, barrier-free network, we were independent from academic institutions and lacked access to expert guidance and research infrastructure. However, Prof. Sartorius generously supported our research planning, offering detailed advice that helped us succeed in various initiatives. With his encouragement, we expanded our activities to include research on postgraduate education, SCI-PANSS translation projects, international collaborations, and educational workshops. His mentorship shaped our vision and gave us the confidence to grow. A major milestone came in 2008, when JYPO became a registered NPO. That same year, with the support of Prof. Allan Tasman, President of PRCP, Prof. Fumitaka Noda, Chair of Congress, and Prof. Tsuyoshi Akiyama, and in collaboration with the PRCP 2008 Tokyo Congress, we hosted the "Pre Pacific Rim College of Psychiatrists The Fellowship Program for Academic Development of Psychiatrists," welcoming 42 young psychiatrists from 17 countries. Prof. Sartorius gave his signature lecture on "How to Give an Oral Presentation and Discussion," which he regularly delivers at CADP, greatly inspiring participants. As PRCP returns to Japan in 2025, we are grateful for this opportunity to reflect on the support we received from PRCP in 2008 and the enduring mentorship of Prof. Sartorius, who has guided us over many years.

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\*Masuo Tanaka (Zikei Hospital/Zikei psychiatric institute(Japan))

Keywords : JYPO、 CADP、 career change

A year and half ago, before I joined Japan Young Psychiatrists Organization (JYPO), and participated the Course for Academic Development of Psychiatrists (CADP), I had lost my confidence. My research topics was not going well, and I was stunned because I couldn't find a new goal to work hard. Additionally, I was frustrated and unable to find a new goal to work on. At a psychiatric hospital where I was newly assigned for training, I met a JYPO alumnus who was one of the founding members of JYPO, and he was introduced to JYPO and CADP, which I joined without fully understanding the content. The events there changed my outlook on life, many promising psychiatrists, who came to CADP from some countries, including Japan, were amazingly inspiring, and Professor Sartorius taught me to "think globally, act locally," and so on. Through these learnings in JYPO activities and CADP, I got the biggest paradigm shift in my life, and even looking back, it seemed like miracle. In this presentation, I would show you my story that how JYPO, CADP, and Professor Sartorius changed my career, including my life.