

Symposium

📅 2025年9月26日(金) 14:50 ~ 16:20 🏢 Session Room 3 (Large Hall A)

[Symposium 44] Family and culture

Moderator: Sergio Javier Villaseñor-Bayardo (Universidad de Guadalajara)

[SY-44]

Family and Culture

Vincenzo F. DiNicola¹, Carlos Zubarán Jr², Yoko Kamio³, Tamaki Saito⁴, Tsuyoshi Akiyama⁵
(1.University of Montreal(Canada), 2.Sunnyside Clinic(Australia), 3.Ochanomizu University(Japan), 4.Tsukuba Dialogue House(Japan), 5.Rokubancho Mental Clinic(Japan))

[SY-44-01]

At the crossroads: the evolving tension in family and custom

*Carlos Zubarán^{1,2,3} (1.Sunnyside Clinic, Sydney, Australia (Australia), 2.School of Medicine & Translational Health Research Institute, Western Sydney University, Australia(Australia), 3.Health Sciences Postgraduate Program, University of Caxias do Sul, Brazil(Brazil))

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Family and culture have always been innate to human existence. This symposium discusses the diverse intersections and interactions between family and culture. Riyadh Al Baldawi presents "Intercultural Perspectives in Addressing Intergenerational Conflicts in Families with an immigrant background," synthesizing findings from research on immigrant families. He concludes that an intercultural perspective recognizes generational differences as opportunities for growth rather than barriers. Families can navigate conflicts effectively by addressing cultural and generational gaps through empathy and collaboration, preserving cultural heritage and adaptability. Carlos Zubaran discusses that families have endured social unrest, deprivation, and war, which have had a detrimental impact on well-being and mental health. Many families stand at the crossroads: some yearn to return to a nostalgic past, others long for a future of change and redemption. He presents a narrative on the evolving tension affecting families and the potential consequences for mental health. Vincenzo F. DiNicola discusses "A Stranger in the Family: Culture, Families, and Therapy." Meeting strangers" is a metaphor for the increasingly common experience of working with diversity in family therapy. He offers a model of cultural family therapy for working with families across cultures, particularly immigrants, refugees, and minorities in mainstream society. Tamaki Saito reports on Dialogical Practice in Japan. In recent years, "Open Dialogue," a dialogical approach to psychosis originating from Finland, has been gaining attention in Japan. While its implementation in medical settings remains limited, its application is expanding, as evidenced by mandatory training in prisons nationwide. Open Dialogue is practiced at "Tsukuba Dialogue House." This approach involves inviting clients and their networks (such as family and friends) to participate in dialogical sessions conducted by a treatment team. Its effectiveness has already been confirmed for conditions such as schizophrenia and depression, and randomized controlled trials (RCTs) are currently underway.

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キーワード : Cultural Psychiatry、Culture、Family

The publication of *Centuries of Childhood*, the seminal study by Philippe Aries in 1960, established history of the family life as a special area of scholarship and inquiry. Over the subsequent decades, the notion of family has shifted from a static unit in its separate domestic milieu to the family's dynamic interactions with the world and its processes, including migration, industrialization, and urbanization. More recently, historical research has begun to rethink the internal dynamics of the family, and its collective strategies based on ethnographies, autobiographies, and oral historical accounts. Family development theorists such as White and Klein (2008) have examined family changes over time, following challenges and stress, with an emphasis on life transitions and family dynamics. Over the last decades, family therapy has become an increasingly popular mode of treatment of family dysfunctions: family therapists have assisted families to fulfil their developmental cycles and foster resilience and healthy familial response to stress. The current period of global uncertainty, with political, socio-economic, and environmental crises, has been referred to as “polycrisis”, a term that has captured the tension of our current times. Migrant families are at particular risk during periods of crisis, given the tendency of societal debate to give rise to xenophobia and prejudice. The use of social media has served as a vector for disseminating hostility and misinformation. In fact, in recent years there has been evidence of soaring rates of mental disorders in youth, which led leading professional associations to declare an emergency in child and adolescent mental health. In light of the critical juncture of current times, commentators and scholars have noted a pervasive and intense feeling of nostalgia, with migrant families longing for social ties left in countries who have already changed, and natives yearning for the good life of an autochthonous idealised past.